

The purpose of this lesson is to address the storms in our lives, not storms caused by the weather, but storms caused by hurts, choices, and the actions of others. In Darrell's message this week we will learn that Jesus is not only bigger than any of our storms, but He is interested in helping us through those storms to a greater purpose.

## **ICEBREAKER**:

What is the worst storm you have ever experienced? Share your experience.

## **Digging Deeper:**

- 1) If hard things in life could be thought of as storms, what is the most recent storm you have faced? (I.E. Loss of job; divorce; accident, etc.)
- 2) How did you get through it? We have learned from parents, teachers, and friends how to deal with storms, what have they taught you and have they made a difference? During this trying time in your life was there someone around who had the ability to calm your fears, change the situation, or help you out of the storm?
- 3) Was there anyone who could have helped you and didn't? How did you feel about that person?
- 4) Read **Mark 4:35-41**. How would you feel if you were frantically bailing water and someone was asleep in the boat?
- 5) What did the disciples have to fear? What does the Bible tell us the disciples did about the storm?
- 6) Have you ever gone to God when you have been experiencing a storm in your life? Did it make a difference?
- 7) What does Jesus do when the disciples come to Him?
- 8) When you have felt like the wind of life is about to blow you away, or the rains of disappointment are soaking your plans, what do you do? What brings peace into your life?

## Take time to Pray together.